

A Walk Through Time - DK Socks

By Sarah Taylor



Inspired by some vintage 1960's yarn I found, A Walk Through Time is a simple, cuff down, ribbed sock pattern designed for the beginner sock knitter. Carrying the ribbing from the leg to the foot results in a great fit.

With options to use contrasting yarn for the heel, toes and cuffs or simply knit it all in one yarn, and to knit the leg shorter or longer, my hope is that you use this pattern as a recipe and allow your creativity to take over.

YARN: 100g of DK weight / 8 ply yarn.

NEEDLES: 3.25mm 9 inch (23cm) circular and / or 32 inch (80cm) circular for magic loop

NOTIONS: 3 stitch markers, tapestry needle, scissors

GAUGE: 6 stitches per inch in the round washed and blocked

SIZE GUIDE: *Pattern is written for size Small (Medium, Large) which fits a foot circumference of 7-8" (9-10", 10-11")*

***TIP:** *Highlight the size you need throughout the pattern to avoid any confusion.*

ABBREVIATIONS:

BOR - beginning of round

CO - cast on

K - knit

Knitwise - as if to knit

K2tog - knit 2 stitches together

M - marker

M1 - marker 1

M2 - marker 2

P - purl

Purlwise - as if to purl

P2tog - purl 2 stitches together

RS - right side

Sl - slip stitch purl wise unless noted

Sl m - slip marker

St(s) – stitch(es)

SSK - slip slip knit - slip 2 stitches knitwise, one at a time, then knit the 2 slipped stitches

WS - wrong side

WYIF - with yarn in front

WYIB - with yarn in back

INSTRUCTIONS:

CUFF & LEG

CO 40, 48, 56 sts

Join in the round: cast on an extra stitch. Sl 1 st from left hand needle knit wise. Pass the second stitch on the right needle over the stitch you just slipped and place the BORM.

k1, p2, (k2 x p2) to last stitch, k1

Repeat for 25 rounds or until you reach the leg measurement you like.

HEEL FLAP

Slip stitch heel flap and gusset

Your heel flap will be worked flat across half of your total stitches. 20 (24, 28)

Row 1 (RS) : *sl 1 purlwise wyib, k1* Repeat across the row.

Row 2 (WS) : sl 1 purlwise wyif, p across the row.

Repeat these two rows a total of 10 (12, 14) times.

You will end with a total of 20 (24, 28) rows on your heel flap.

HEEL TURN

Row 1 (RS): sl 1 purlwise wyib, k10 (12, 14), ssk, k1, turn.

Row 2 (WS): sl 1 purlwise wyif, p3, p2tog, p1, turn.

Row 3: sl 1 purlwise wyib, k to 1 st before gap, ssk, k1, turn.

Row 4: sl 1 purlwise wyif, p to 1 st before gap, p2tog, p1, turn.

Repeat Rows 3 and 4 until all stitches on the heel have been worked. *Do not sl first stitch on the very last purl row. You will purl it. *

You will end with a wrong side row and have 12 (14, 16) sts left.



GUSSET

k across the first 6 (7, 8) stitches of the heel turn and place a marker (BORM). This will now be the beginning of your round. K across the remaining 6 (7,8) stitches of the heel.

Pick up and knit 1 stitch in each of the 10 (12,14) slipped stitches along the side of the heel flap. Pick up 1 extra stitch between the heel flap stitches and the instep stitches. Place a marker (M1). K in pattern across the instep stitches.

Place a marker (M2). Pick up 1 extra stitch between the instep stitches and the heel flap stitches. Pick up and knit 1 stitch in each 10 (12, 14) slipped stitch along the side of the heel flap. K across to the bor marker 54, (60,66)

Begin decreasing by repeating the following two rounds until you are back down to your original stitch count of 40 (48, 56).

Round 1: k to 3 sts before M1, k2tog, k1, k across instep in pattern to M2, sl M2, k1, ssk, k to BORM round (2 sts decreased).

Round 2: k to M1, sl M1, knit across instep in pattern, sl M2, knit to BORM.

Once you are back to your original stitch count, continue knitting the foot until the foot length measures 1.5 (1.75, 2) inches shorter than your desired length.

Final round: k to M1, slM1, k across instep in pattern, sl M2, K to BORM, remove BORM, k to M1. M1 is now your BORM.

TOE

Transfer your stitches onto your longer circular needles by distributing them evenly.

The front of the sock will be on needle 1

The back of your sock will be on needle 2

The beginning of the round has now been moved to the right side of the sock.

Set up row: K all sts.



Round 1: (decrease round)

Needle 1: k1, ssk, knit to the last 3 sts, k2tog, k1

Needle 2: k1, ssk, k to the last 3 sts, k2tog, k1

Round 2: k all sts

Repeat rounds 1 and 2 until there are 10 sts remaining on each needle (20sts in total).

Repeat Round 1 only until there are 6 sts remaining on each needle (12 sts total).

Kitchener stitch the remaining sts together. Cut the working yarn leaving a 50 cm long yarn tail. Thread a tapestry / darning needle and follow the next 4 steps.

1. Insert the tapestry needle into the first stitch on the front needle knitwise and slide the stitch off.
2. Insert the tapestry needle into the next stitch on the front needle purlwise and pull the yarn tail through the stitch, leaving it on the needle.
3. Insert the tapestry needle into the first stitch on the back needle purlwise and slide the stitch off.
4. Insert the tapestry needle into the next stitch on the back needle knitwise and pull the yarn tail through the stitch, leaving it on the needle.

Repeat until all the stitches have been worked. Weave in all ends and knit your second sock.



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